



Eye Care Charitable Foundation
睛 彩 慈 善 基 金



www.eyecharity.org



Eye Care Charitable Foundation

睛彩慈善基金

We Care, We Serve

Dr Ruby H Y Ching



Our Team – 2025-2026

Founding President:

Dr. CHOW Pak Chin, BBS, JP

Vice President:

Dr. KAM Ting Kwong, Joseph

Immediate Past Chairlady:

Dr. YEUNG Fung Yee, Emily

Chairperson:

Dr. CHING Hok Ying, Ruby

Vice Chairperson:

Dr. HO, Mary (HA)

Honorary Treasurer:

Dr. LEUNG Kai Ching, Peter (HA)

Honorary Secretary:

Dr. Ho Wing Lau

Council Members:

Dr. CHIU Yee Hang, Thomas

Dr. KWOK Pui Wai, Rachel

Dr. LOK Ying Ching, Julie

Dr. WOO Tak Yunn, Tiffany

Honorary Advisors:

Dr. WOO Chai Fong, Donald

Dr. YUEN Shi Yin, Nancy

Dr. YAU Kin, Kenneth

Mr. Zhang Wai Lun, William

Honorary Legal Advisors:

Ms. WONG, Barbara

Dr. KAN, David

Dr. Anthony Francis NEOH, QC, SC, JP

1. Telecreening Program @ Community CareAge Foundation

01	Patient registration	• @ Community CareAge Foundation
02	Nursing Consultation	• Medical background & social background
03	Basic Eye check + fundus photo	• Done by nurse & trained technician
04	Examination report	• Prepared by CCAF
05	Telecreening	• Complete the treatment plan



Visual Health Screening Summary

Client's Name: CCAF No.: Sex: Age: Refer from: NilDate of Assessment: 29/10/2024

Patient eye complaint: Blurred vision

Drug Allergy: Phenoxymethylpenicillin

Past Medical History:

☒ HT ☒ DM ☐ Hyperlipidaemia
 Cellulitis & skin abscess, Cushing's syndrome, chronic kidney disease, paresthesia of lower extremity, impairment of hearing of both ears, ischaemic heart disease, sebaceous cyst, myocardial infarction, breast cancer, pneumonia, rheumatoid arthritis

Eye Disease:

Cataract BE

Eye Procedure:

Nil

Medical Follow-up

GOPD: Nil Private/NGO FU (if any):

SOPD: CMC endocrine, CMC clinical oncology, CMC Ortho
Seen Dr in The Hong Kong Society for the Blind in 2024 -> Cataract BE (plan OT 12/2024 but need \$30000)

Eye SOPD: CMC EYE

Next Appt: 4/11/2024

Eye OT Date: Nil

Eye Medications: (if any)

Hypromellose 1 drop TDS

Other Medications: (if any)

Aspirin 80mg daily, betaloc 50mg BD, Elantan 20mg BD, Empagliflozin 10mg daily, Hirudoid BD, lactulose 10ml daily, losartan potassium 50mg daily, merislon 6mg TDS, norvasc 10mg daily, pantoloc 40mg daily, piriton 4mg TDS, Ryzodeg flexitouch SC 32 units before breakfast, 22 units before dinner, senna 7.5mg nocte, tamoxifen 20mg daily, vitamin 1 tab daily, zocor 10mg nocte

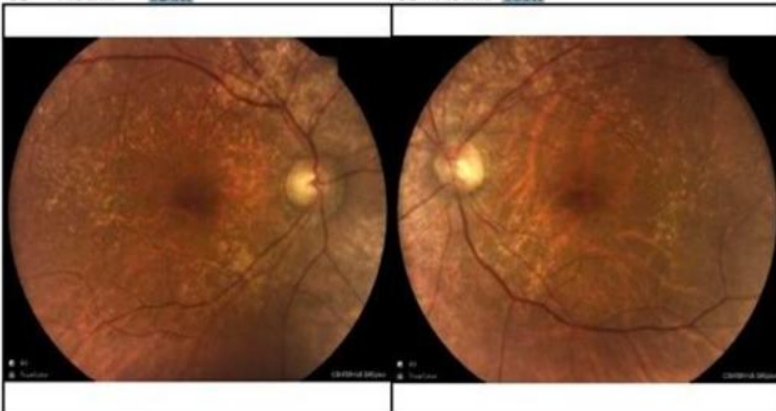
Remarks:

Visual Acuity			With glasses:	No
OD	0.16	OS	0.2	
Ph	0.2	Ph	0.2	

Intraocular Pressure - Non-Contact Tonometry

OD	18.3	OS	18.7
----	------	----	------

Fundus Photos

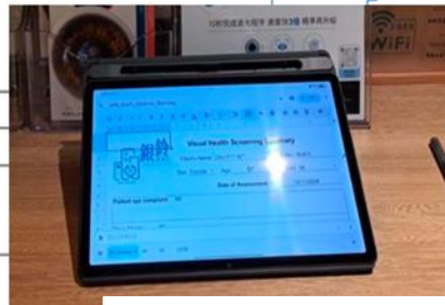
OD File link: [OD/1](#)OS File link: [OS/1](#)

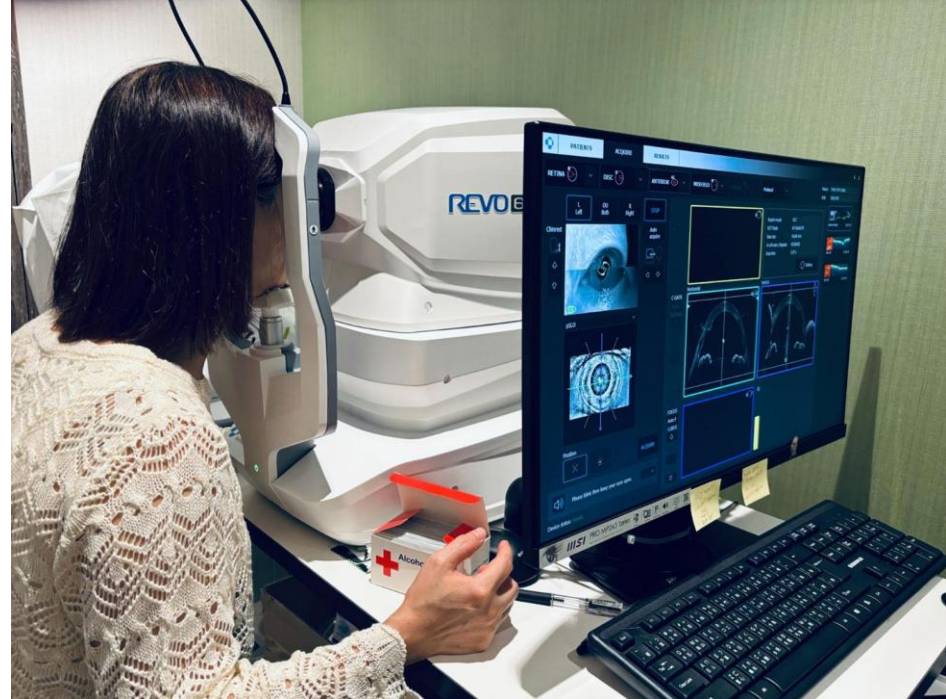
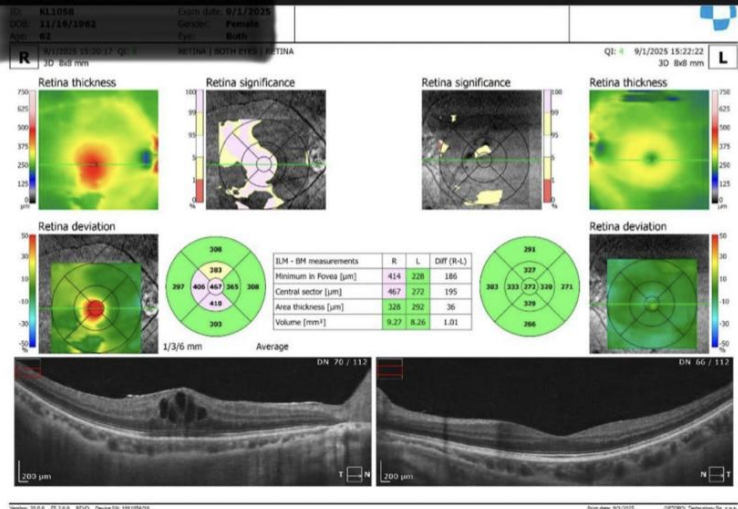
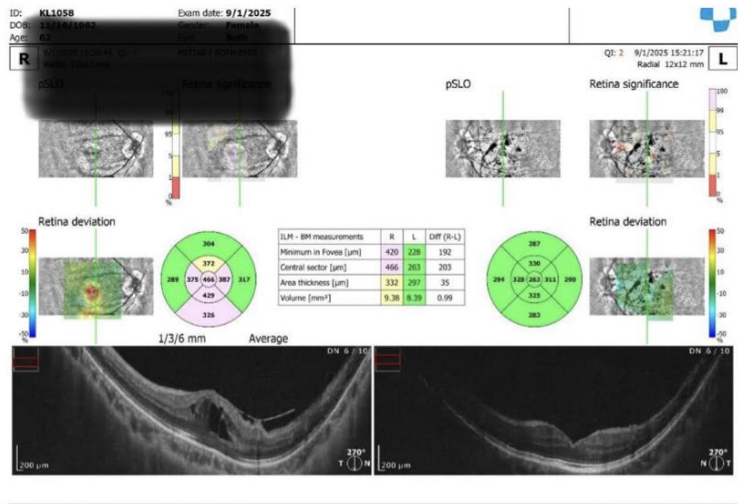
Fundus Photo Impression / Diagnosis / Advice

Normal - RE ☐ LE ☐ Cupping - RE ☐ LE ☐Cataract - RE ☒ LE ☒ DMR - RE ☐ LE ☐Floaters - RE ☐ LE ☐Retinopathy - RE ☐ LE ☐Maculopathy - RE ☐ LE ☐

Others:

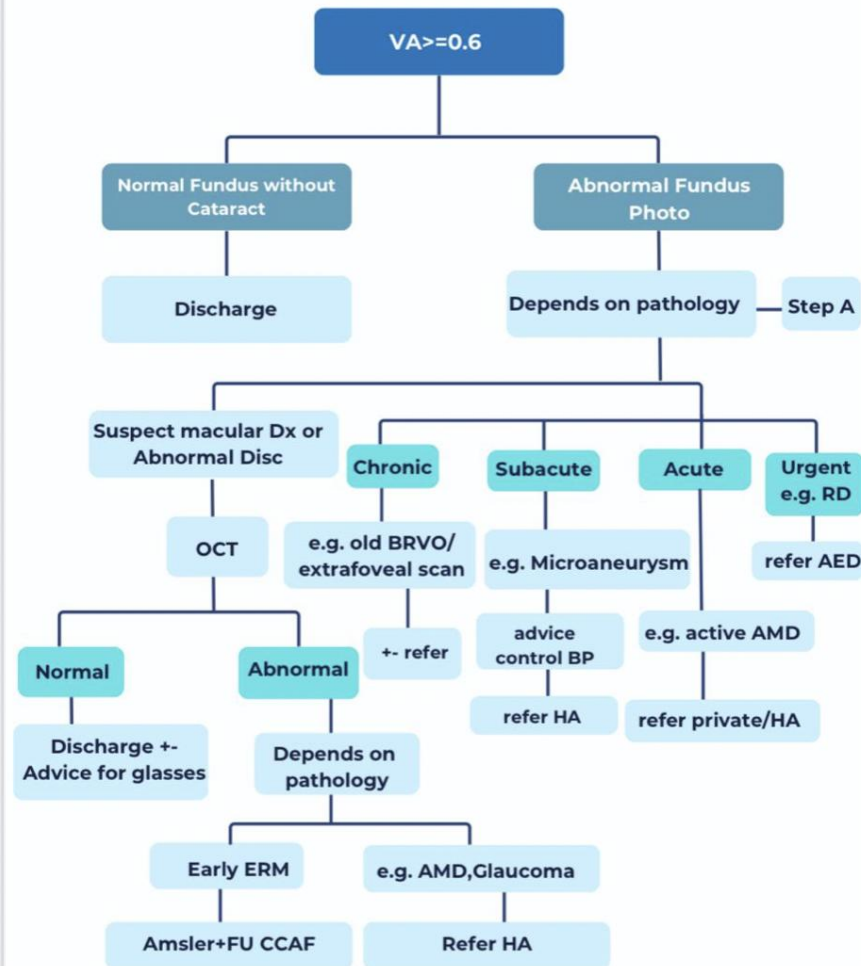
Plan:

☐ Discharge☐ Refer to:☒ OCT: (☒ Macula / ☒ Disc / ☒ Wide field / ☒ Anterior Chamber Angle)☒ See Ophthalmologist in CHC: 10 Nov 2024☐ Fundus Photo at CHC after: _____ year(s)



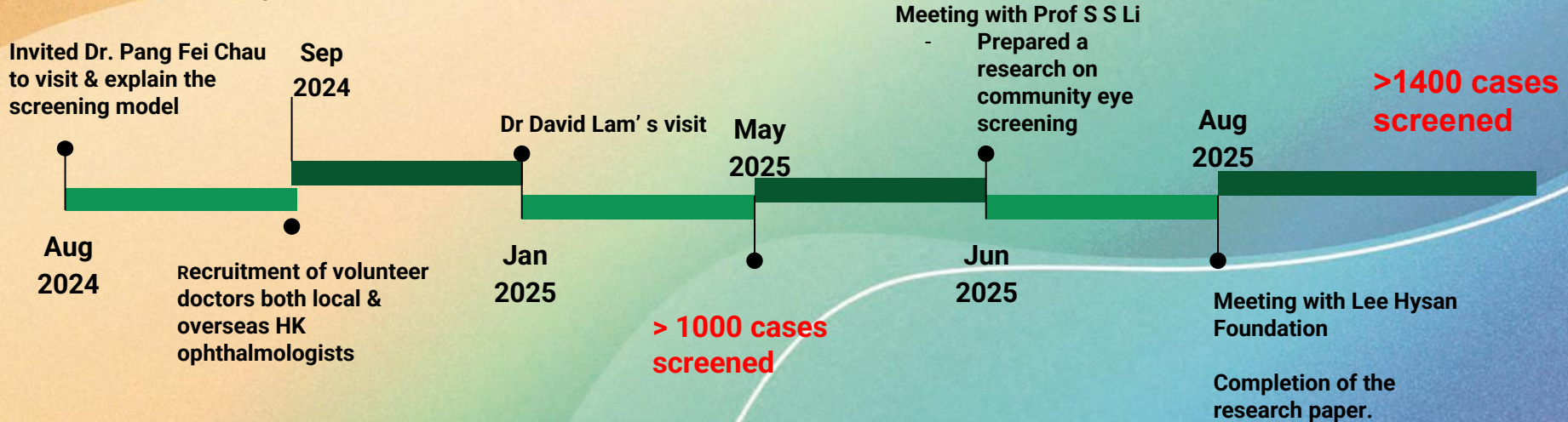
Heartful thanks:
HK Club & Lee Hysan Foundation

CCAF Telecreening Flow Chart(Preliminary)



Timeline of Telescreening Program Aug 24-Aug 25

Trail run of Telescreening

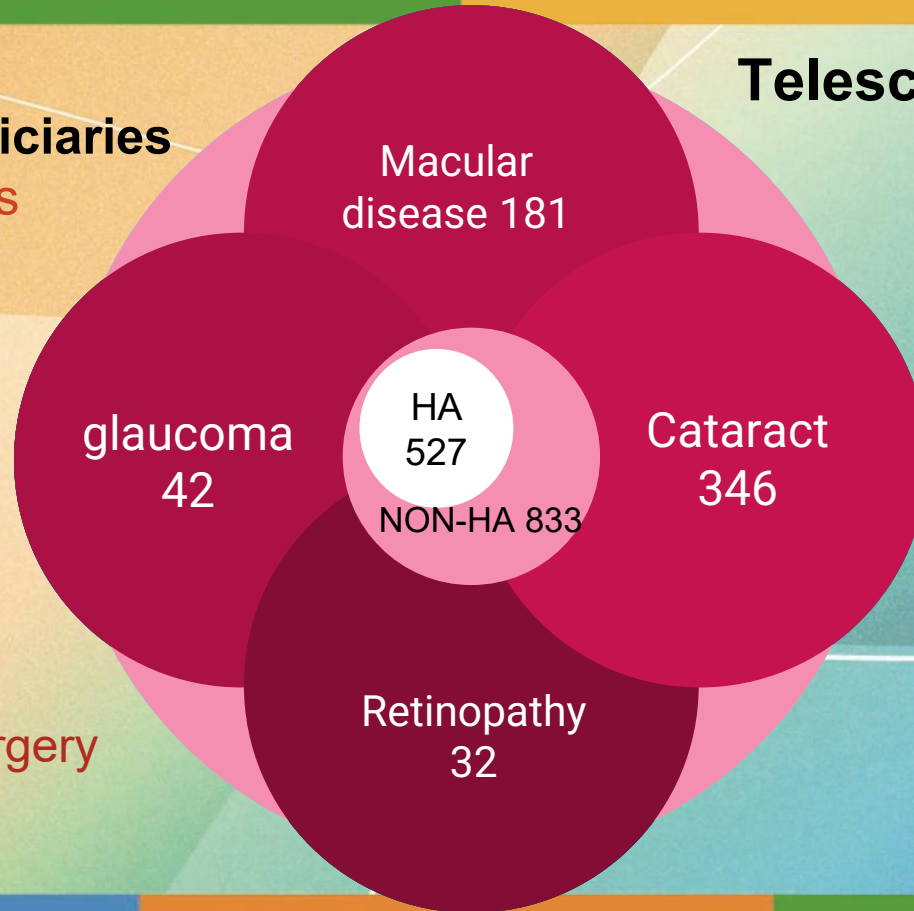


Telescreening Program

Total 1360 beneficiaries
38.8% HA patients

359 in-centre
Ophthalmologist
consultation

155 cases
ECCF Cataract surgery



Data up to Aug 2025

2. Free Cataract Surgery Program 助弱除障, 愛心行動

1. Patient recruitment

- Outreach screening
- Designated screening centers
- Ophthalmologist referral

2. Means test

- Social workers from the corresponding referral NGOs

3. ECCF

- Staffs will contact patient & make appointment to see volunteer eye doctors
- Provide operation and the program details

4. Surgeon

- See patient & explain the condition
- arrange operation
- follow-ups x 3 including medication
- complete and return the documents

Mar 2025 Cataract Surgery Charity Program Press Conference





Eye Care Charitable Foundation

睛彩慈善基金



[助弱除障] 愛心行動

慈善白內障手術資助計劃

[助弱除障] 愛心行動是一項白內障手術資助計劃，旨在協助低收入人士提供免費白內障手術，從而改善視力。所有手術均由資深眼科醫生主理。



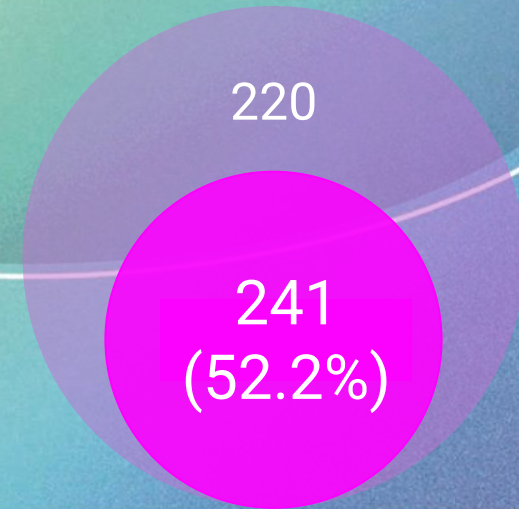
- Chow Tai Fook Medical Foundation
- Jing Yuan Charity Foundation
- Mrs Tam Mak Mei Fun
- HKUST-KH27
- Charity Golf Day
- HK Lady Horse Lovers Charity Foundations Ltd
- Dr. Lam Ko Yin, Colin

Acknowledge to Bausch & Lomb (HK) Ltd

Free Cataract Operations

Number of cataract operations performed: 241

Cumulative number of cataract surgeries performed since 2019: 461



Data up to Aug 2025



Eye Care Charitable Foundation
睛彩慈善基金



全港小學生防控近視大行動

慈善資助計劃

〔全港小學生防控近視大行動〕，是一項為期四年的免費資助計劃，旨在透過低濃度阿托品藥水來減慢小朋友近視加深的速度。所有治療均由資深眼科醫生主理。



3. Myopia Prevention Program

Health Talk

Eye Health Care education especially to children in schools or local NGOs, explain the effect of medication to control myopia progression

Refraction

Found suitable children 6-10 year-old with myopia

ECCF

Provide information for parents & matching with volunteer doctors

Ophthalmologist

Monitor the progression of myopia with regular follow-ups & provide medication for 4 years



Thanks:
Infinity Medical Trading Co. Ltd



Myopia Programme

No. of health talks conducted Sept 2024 - Aug 2025: 3

Total No. of beneficiaries of free vision test: 953

New No. of kids prescribed with atropine: 34

Cumulative No. of kids prescribed with atropine: 74

Special thanks to Lamborghini Club Hong Kong & Mr. Yiu Chi Shing

Data up to Aug 2025

4. Outreach Screening & Health Talks

- Since 2014
- Street sleepers @ Sham Shui Po
- Special care institutes
- Elderly
- Discharged prisoners
- New arrivals
- Children
- Co-operated with >70 NGOs



Thanks to Light & Shadow Studio



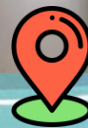
Temple Street

Eye Screening Venues



SoCO

Un Chau Street, Sham Shui Po



CCAF

Ki Lung Street ,
Sham Shui Po



Outreach Screening Program

Total 35 sessions:
1447 beneficiaries

Institute

7 sessions
263 special need patients

Children

3 sessions
66 kids

Elderly

25 sessions
1118 patients

No. of referrals: 227
-HA referral: 132
-ECCF cataract: 95



5. Charity Film Shows

May - Jul 2025

The Dumpling Queen

Special Acknowledgment:

Ms. Joanne Wong

Tseng Hin Pei Charity Fund Ltd

Ms. Terry Lai

Ms. Shirley Chung

Dr. Donald Woo



Charity Film Shows May - Jul 2025

9 Shows
(1022 tickets)

SoCO

CCAF

Side by Side

HK Sheng Kung Hui
Welfare Council

6. MTR Poster - Fund Raising Aug 2025



Eye Care Charitable Foundation

睛彩慈善基金

重點項目：



兒童防控近視治療



外展義務眼科診症服務



護眼扶貧
服務人群

We Care. We Serve



助弱除障免費白內障手術



遠程眼病篩查

由一群眼科醫生於2014年成立，致力服務社會：

1. 走訪社區院舍進行眼科檢查
2. 通過網絡作遠程眼科篩查
3. 為低收入人士贈醫施藥及進行眼科手術
4. 為兒童診治及防控近視



QR code for donation

請捐款支持 Please Donate

www.eyecharity.org

此廣告空間由港鐵贊助
This advertising space is sponsored by MTR

Thanks to Smart Streaming, Christee Hoo, Alex Lin & Dora

Number of Volunteering Doctors

Myopia prevention: 6

Cataract surgeons: 21

Outreach screening: 41

Telescreening: 12

Special thanks:

Light & Shadow Studio 光影工作室 : Rex, K. K. & Iris

Smart Streaming : Christie Hoo, Alex Lin & Dora

MTR Corporation

Staffs: Agatha, Amy, Gayle & Milly



CCAF

SoCO

SideBySide

Fu Hong Society

Hong Kong Sheng Kung Hui

YWCA

Life Commitment Charity Club

Hong Kong Lady Horse Lovers Charity Foundations

Caritas Elderly Centre


Lok Sin Tong

Hong Kong Red Cross Shun Lee Hostel

Dick Chi Activity Center

Sik Sik Yuen

Lions Club





Eye Care Charitable Foundation

睛彩慈善基金

Dr. Ruby Ching

Dr. Chow Pak Chin, BBS, JP

Dr. Emily Yeung

Dr. Nancy Yuen

Dr. Donald Woo





Eye Care Charitable Foundation

睛彩慈善基金





